

# Hotelpplan

100 % Swiss

## Marco Chiudinelli Tenniscamp Alicante

6<sup>th</sup> to 13<sup>th</sup> April 2019

Train like a  
tennis professional:  
prices from  
CHF 3600.-

Do you want to take your tennis skills to the next level and find out how to prepare yourself like a pro? Marco Chiudinelli, the former tennis professional with 18 years of experience, will guide you and demonstrate to you various «tricks of the trade» during a holistic and intensive practice week in Alicante, Spain. You will learn how to work on improving your game in a consistent and goal-oriented way. After the practices you will learn how to recover like a professional with the appropriate techniques of massage and physiotherapy.

### Our Team

Marco Chiudinelli and his team of three former successful ATP-Players and the Swiss Davis Cup physiotherapist will individually coach and guide you during the six training days.

#### Marco Chiudinelli

During his 18 years as a professional tennis player he reached a World Ranking of ATP 52 and won the Davis Cup with Switzerland in 2014. By training and playing with the world's best players and coaches, he acquired a tremendous knowledge and know-how which he wants to share with the participants of the Tenniscamp.

#### Stéphane Falchi

As an established health expert with his own practice in Aix-en-Provence, Stéphane used to be Stan Wawrinkas personal physiotherapist from 2011 until 2016 as well as the physiotherapist for the Swiss Davis Cup Team from 2011 until 2017.

### Our Programme

The training, which is led by four coaches, will be developed for and limited to a maximum of 16 participants and is focused on a personalised approach to coaching. This is the only way to ensure that each participant's game can efficiently improve. The daily amount of tennis training is about three hours. This corresponds to the duration which has proven best on the ATP-Tour.

The training concept for the six days includes a total of 16 hours of tennis training which is tailored to each participant on the basis of individual mentoring and coaching. This allows the coaches to respond to players of all levels, to individually adjust the training intensity according to their needs and thus to improve each participant's game. To ensure that the body is well recovering after each training session, just like ATP-professionals do, every participant will enjoy three physiotherapeutic treatments or massages with Stéphane Falchi.

powered by **Wilson**  
**SKINS**  
**WINFORCE**

### Highlights

- ✓ Mentoring and Coaching by former ATP-Players
- ✓ 4 private tennis lessons (i.a. with Marco Chiudinelli)
- ✓ 8 hours of tennis in groups of two
- ✓ 4 hours of doubles tennis practice
- ✓ Matchplay against the coaches
- ✓ 3 physiotherapy treatments
- ✓ One of Europe's leading tennis facilities
- ✓ Individual written feedback for each participant after the camp
- ✓ Gifts from SKINS, Wilson, Winforce



Marco Chiudinelli



Stéphane Falchi



La Manga Club Tennis Centre



## Tennis-Camp at Hotel Príncipe Felipe



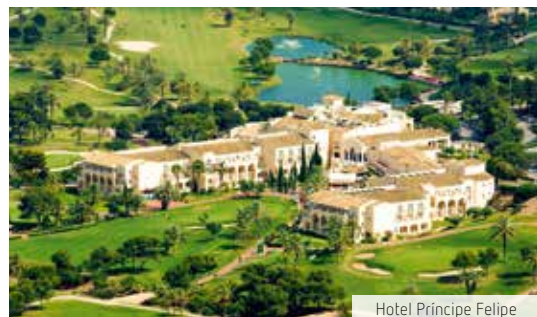
Alicante Official Hotel Category \*\*\*\*\* 192 Rooms and Suites

The exclusive Hotel Príncipe Felipe is embedded in the sprawling grounds of the La Manga Resort, amidst countless palm and pine trees. The tennis centre of the La Manga Club is one of the best tennis facilities in Spain and the stage of various prestigious events such as Davis Cup or Fed Cup ties as well as ATP Tournaments. The site includes 20 clay courts, 4 hard courts and 4 artificial grass courts.

**Location:** 130 km from Alicante airport. 15 min by car to the beach and to the closest nature park. 40 min by car to Murcia, the region's largest city.

**Infrastructure:** The hotel has a lobby bar, a piano lounge bar with live music every night and the Amapola restaurant with its traditional Mediterranean cuisine. 15 other restaurants and bars are located throughout La Manga Resort.

**Accommodation:** 192 brightly decorated rooms are available. The comfortable **deluxe rooms** (about 30 m<sup>2</sup>) provide air conditioning, hairdryer, Wi-Fi and satellite TV.



Hotel Príncipe Felipe

**Free Sport/Wellness:** La Manga Resort features a high-class sports programme. Indoor pool, fitness centre, sauna, steam room and whirlpools can be used free of charge at the wellness centre. An additional fitness centre is located next to the tennis courts and the hotel has a heated outdoor pool.

**Fee-based:** With its 3 on-site 18-hole golf courses, La Manga is a world-class golf resort. Massages and treatments at the Club Spa.

**Meals/Drinks:** There are 15 different restaurants and bars to choose from. For lunch, the Tie Break Café in the tennis centre is available to recharge your batteries. One lunch will be taken at La Cala Restaurant, right by the sea.

**Note:** A free shuttle circulates at La Manga Resort, connecting the various facilities and restaurants. The tennis centre can be reached by a 5min walk from the hotel.



Deluxe Zimmer

**Not included:** Personal expenses, gratuities, cancellation insurance, reservation fee CHF 70.-. The general contract and travel conditions of MTCH AG apply. In case of withdrawal from the journey, special cancellation conditions apply. The listed prices are valid at the time of printing (April 2018) and are updated daily with the valid exchange rates at the time of booking. Price and programme changes reserved at any time.

from CHF 3600.-

per person/7 nights in a double room, group size of 16 people  
surcharge for a group of 12 people: CHF 200.-  
single room surcharge: CHF 550.-  
from 6<sup>th</sup> to 13<sup>th</sup> of April 2019  
[hotelplan.ch/tenniscamp](http://hotelplan.ch/tenniscamp)



### Includes

- ✓ Direct flights from Zurich – Alicante – Zurich with Vueling in economy class, incl. 23 kg of luggage (different flight itineraries upon request)
- ✓ Flight and Fuel taxes
- ✓ Airport transfer Alicante – La Manga Resort – Alicante
- ✓ 7 nights in a deluxe double room
- ✓ Breakfast, lunch, dinner
- ✓ Free entrance to the wellness centre
- ✓ 6 days of tennis training at the La Manga Club Tennis Centre
- ✓ Coaching by Marco Chiudinelli and his team
- ✓ Physiotherapy and massage by Stéphane Falchi

### Info Plus

- ✓ The minimum number of participants is 12 people
- ✓ In case of 12 participants, the programme slightly differs from the offer

Book now! **043 211 71 81, [hotelplan.ch/tenniscamp](http://hotelplan.ch/tenniscamp)**

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